

# What is Fantasy Football?

Fantasy Football is classified as fantasy sports game but technically is a statistics-based game. Participants, known as Team Owners, get to select/draft real-world NFL players to create their own team. How well these players statistically perform in real-world NFL games determines the points they score for the fantasy team that has them. A specific set of teams is known as a league. Each league develops its own rules for how points will be earned and how the points each team makes will be compared to the other teams (to determine wins, losses and standings within the league). There is a wide variety of ways to play fantasy football and a lot of approaches to establishing a fantasy football league, which is one reason for its great appeal. Hundreds of thousands of men and women participate in fantasy football each year and the number continues to grow.